

## HEY! It's all about... loose parts play

Loose parts are simple everyday things for children to play with. Children are free to use the objects in different ways dependent on where their imagination and creativity takes them. They are also very cheap to get hold of - some things are even free!

Here's a selection of things where children can experiment, discover, invent and have fun.





## HEY! It's all about... messy play

Messy play gives young children the freedom to investigate a variety of materials. Activities like squishing slime, pouring sand, and smearing shaving foam allows 0-3s to repeat and experiment as they like.

Toddlers and babies are naturally curious, and messy play engages their senses at a developmental level that is appropriate for them. Messy play offers one of the best learning experiences young children can have.

Here's some things you will need to create a mulit-sensory messy play experience:

