



**Bradford
Babies are
EVERYONE'S
Business**

Programme of Events **Edition Two**

Issued 4 November 2021

Baby Week Bradford: 15-21 November 2021

Bradford Babies are **EVERYONE's** Business

Welcome to the second edition of the Baby Week Bradford 2021 programme!

Now in its fourth year, [Baby Week Bradford](#) is teaming up with its northern counterparts, [Baby Week Cheshire and Merseyside](#) and [Baby Week Leeds](#), to bring you a packed week dedicated to all things baby, with a strong focus on maternal health and wellbeing.

The week brings together the maternity and early years workforce, local organisations, families and caregivers to highlight the importance of giving babies the best possible start in life.

It's a great opportunity for organisations working with women, babies, their families and caregivers to learn from each other.

It's a chance to be hands-on, and a chance to hear about the latest research, policy and practice development. It's also a platform for Bradford organisations to showcase their work, highlight the services they provide and extend their reach.

Of course this is happening at a time when we're all still re-adjusting from the effects of the COVID-19 pandemic, so with this in mind there are opportunities during the week to take time out and try something different.

View the events and start booking



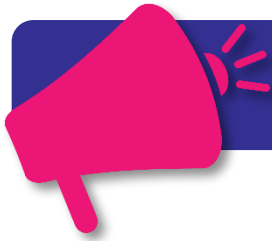
Events at a Glance

Monday 15 November 2021	Page
<i>In-Person Event</i> Launch Event: Bradford Babies are EVERYONE’S Business	4
FULLY BOOKED Early Years Family Concert	4
FULLY BOOKED The Birth Rites Collection: A Virtual Gallery Tour	5
<i>Online Event</i> A Celebration of Maternity Support Workers	5
<i>In-Person Event</i> Screening of ‘In Utero’	6
Tuesday 16 November 2021	
FULLY BOOKED Thula Mama	7
<i>Exclusively for Families</i> Ask the Midwife	7
<i>Online Event</i> Maternity Action Specialist Advice Session	8
<i>Online Event</i> Ready Steady Flow	8
<i>Online Event</i> I Am Here – Can You Hear Me? The Voice of the Child	9
Wednesday 17 November 2021	
<i>Exclusively for Families in the Better Start Bradford Area</i> Starting Solids Workshop	10
<i>Online Event</i> The Price is Our Rights?	10
<i>Online Event</i> Maternity Support Worker Webinar	11
<i>Online Event</i> Blending a Universal and Targeted Approach to Early Years	11
<i>Online Event</i> Systems in Crisis	11
<i>Online Event</i> The Lullaby Project Has Arrived	12
Thursday 18 November 2021	
<i>Online Event</i> Why We Have to Dismantle Maternity Care and Start Again	13
<i>Exclusively for Families In-Person Event</i> Thula Mama	13
<i>In-Person Event</i> Better Births Community Engagement Event	14
<i>Exclusively for Families In-Person Event</i> Walk, Talk, Discover and Draw	14
<i>In-Person Event</i> Screening of Birth Time	15
Friday 19 November 2021	
<i>Exclusively for Families in the Better Start Bradford Area In-Person Event</i> My Baby And Me	15
<i>In-Person Event</i> Perinatal Support Service Information Workshops	15
<i>In-Person Event</i> Psst...Bradford Babies are Everyone’s Business – Pass it On	16
<i>Exclusively for Families In-Person Event</i> Lunchtime Family Concert	17
<i>Online Event</i> Dr Elinor Cleghorn Explores <i>Unwell Women</i>	17
<i>In-Person Event</i> Vocal Workout for Wellbeing and Choir Performance	18

Plus, also exclusively for families:

Bradford Libraries and Better Start Imagine will be running their regular story and rhyme time events throughout the week at venues across the district.

 See page 19 for details



Monday 15 November 2021

Start of Maternity Support Workers Week

Launch Event: Bradford Babies are EVERYONE'S Business

This event is for: **the early years, health and social care workforce, families**

9.00-11.00am

The Great Victoria Hotel (Corniche Suite), Bridge Street, Bradford, BD1 1JX

Join the Baby Week Bradford team and baby 'champions' from the district to launch this very special week and discuss why Bradford babies are everyone's business.

This is an opportunity to hear about how the Bradford district is placing the earliest years of life firmly on the agenda, with input from Better Start Bradford, Bradford Council, Bradford Teaching Hospitals NHS Trust, Born in Bradford, 50 Things to Do Before You're Five and not forgetting the parent voice.

There will be chances to refresh your networking skills over tea and coffee and to tell us why YOU believe babies are everyone's business.

You'll also have an exclusive chance to sample [Live Music Now's 'All Together Now'](#) programme. Their world-class musicians connect with people experiencing social exclusion or disadvantage, working together to create engaging, interactive, evidence-based live music sessions that meaningfully enhance health and wellbeing.

This event will be delivered in a COVID-safe way.

[Book your free place here \(booking is essential as places are limited due to COVID restrictions\)](#)

FULLY BOOKED Early Years Family Concert

This event is for: **families with babies and young children**

11.00am-12.00pm

The Great Victoria Hotel (Corniche Suite), Bridge Street, Bradford, BD1 1JX

All are welcome to a fantastic [Live Music Now](#) family concert. This interactive session will be led by professional musicians who will perform an engaging hour of music which is accessible by everyone.

There will be familiar songs to join in with, some new music to listen to, and lots of clapping, moving and foot tapping. Come along and enjoy - everyone will find a way to express themselves!

This event will be delivered in a COVID-safe way.

[Book your free place here](#)

Live Music Now fosters musical lives. Their world-class musicians connect with people experiencing social exclusion or disadvantage, working together to create engaging, interactive, evidence-based live music sessions that meaningfully enhance health and well-being, improve communication, strengthen relationships and deliver positive effects long after the last note has been played.

The Birth Rites Collection:

FULLY BOOKED A Guided Virtual Gallery Tour

This event is for: **anyone with an interest in pregnancy and childbirth**

11.00am-12.30pm

Online

The [Birth Rites Collection](#) (BRC) is the first and only collection of contemporary artworks dedicated to the subject of childbirth. It currently comprises photography, sculpture, painting, wallpaper, drawing, new media, documentary and experimental film.

This unique experience uses art to build a conversation about all things maternity. Many theorists have argued that medical intervention in pregnancy and childbirth is both unwarranted and disempowering and devalues women's own abilities and experiences. Whatever your opinion, birth is divisive. It divides women from men, and women from women. What is needed is dialogue.

This virtual gallery tour will be led by BRC curator and founder, Helen Knowles.

[Book here](#) using the promotional code **BabyWeek** when booking your 15 November ticket to secure your place for free.

A Celebration of Maternity Support Workers

This event is for: **Maternity Support Workers, Midwives, other NHS staff and early years staff**

1.00-2.30pm

Online – in conjunction with the Royal College of Midwives North and Baby Week Cheshire and Merseyside

We believe Maternity Support Workers (MSWs) play an essential role in keeping women and babies well. This key group of staff are an asset to be supported.

Hear all about Cheshire and Merseyside's pioneering investment for the north and find out about new developments which will help ensure that NHS support staff **'Get On'** and **'Go Further'** in their careers in the NHS. Better Start Bradford will share their ambition for developing these crucial support staff and outline why they believe an increased focus on prevention is essential.

This session will celebrate MSWs across the north. Be ready to hear first-hand what motivates these essential workers.

[Book your free place here](#)

Screening of 'In Utero'

This event is for: **anyone interested in emerging science around pregnancy and early childhood development**

2.00-5.00pm*

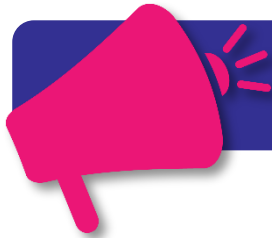
Pictureville Cinema, Science and Media Museum, Bradford, BD1 1NQ

In Utero is a compelling film exploring what will emerge as one of the most compelling subjects of the 21st Century – life in the womb and its lasting impact on human development, human behaviour, and the state of the world. It brings together for the first time convincing data that explains that we are not only our genes but a product of our environment as well.

"New evidence shows humans are constructed by their environment, not just their DNA. Our first and most significant environment is our mother's womb. Our experiences in utero are carried into our adult life. They influence our decisions and the state of the world."

[Watch the trailer here](#), put the date in your diary and join us for what promises to be a moving and highly thought-provoking experience. *The film is 1 hour 25 minutes long and will be followed by a panel discussion with local experts.

[Book your free tickets here](#)



Tuesday 16 November 2021

International Day for Tolerance

The United Nations is committed to strengthening tolerance by fostering mutual understanding among cultures and peoples. This imperative lies at the core of the [United Nations Charter](#), as well as the [Universal Declaration of Human Rights](#), and is more important than ever in this era of rising and violent extremism and widening conflicts that are characterised by a fundamental disregard for human life.

FULLY BOOKED Thula Mama

This event is for: mums with pre-crawling babies. Limited to 12 places – please book early

10.00-11.30am

CHANGE OF VENUE: SHINE, St Stephen's Church Hall (Corner of St Stephen's Road and Newton Street), Bradford, BD5 7BH

"Hush, don't cry Mama". It's a lullaby, but not for the baby....

Thula Mama is a nourishing and nurturing women's singing experience for mums with babies. Expect an hour of simple, calming songs from around the world, taught by ear. No experience necessary. Suitable for mums with pre-crawling babies.

You will sit together in a spacious ventilated room and sing in beautiful harmonies to the babies. While you get the opportunity to do something lovely *for yourself*, your little one gets to listen to their favourite sound: Mama's voice.

This session will be led by Liz Powers, music teacher choral director and mum.

You will need to wear a face covering and bring a baby mat or blanket to lay the baby on during the session.

[Book your free place here](#)

NEW EVENT Ask the Midwife

This event is for: all women, including those in a supportive role

10.00am-12.00pm

The Parish Room, Cathedral Gardens, Bradford Cathedral, 1 Stott Hill, Bradford, BD1 4EH

COVID-19 has been very isolating for many women and made it more difficult for some women to access advice and support to ensure a safe and happy pregnancy and prepare for the best possible start for a new baby. So, Baby Week Bradford is pulling a group of experts together to talk through questions you may have and concerns you might want to express and share in a small, supportive group session.

This advice session is all about asking any burning questions that you may have related to all aspects of conception, pregnancy and new babies. There will be lots of top tips and advice to make

the whole experience feel safe and secure. We even have our infant feeding specialist on hand to help you find the best way forward for you and your baby.

The session is open to all women, including those in a supportive role. There will be lashings of tea and coffee to support the conversations.

[Book your free place here](#)

Maternity Action Specialist Advice Session

This event is for: **midwives, health professionals and anyone else supporting Afghan refugees**

10.30am-12.00pm

Online via Zoom

Maternity Action is partnering Baby Week Bradford and Baby Week Cheshire and Merseyside to offer a specialist workshop to support health workers and advisory staff working with pregnant Afghan women and new mothers arriving in the UK. Approximately 8,000 refugees have arrived from Afghanistan over the past few months under the evacuation programme.

This webinar will improve participants' understanding of the housing, support and healthcare entitlements of Afghan women with a variety of immigration statuses, including those who arrived under the evacuation and resettlement programmes. It is targeted at midwives and health professionals, and anyone else supporting Afghan refugees, particularly women, in the UK. There will be opportunities to ask questions and useful contacts and information resources will be provided.

[Book your free place here](#)

Ready Steady Flow

This event is for: **workforce and families – anyone in need of rest, recovery and healing following the pandemic, plus anyone who would like to explore a new creative outlet**

12.00-2.00pm

Online via Zoom

Can reading and writing really save your life?

Baby Week Bradford is delighted to be partnering with the [Reading Agency](#) and [WriteWell](#) for this hands-on workshop to demonstrate how losing yourself in a book and writing can save your mental health, provide real solutions for stress and anxiety and improve relaxation.

Writer [Kate McBarron](#) will consider just how we can all write ourselves a better future with this practical workshop so you can have a go. If this session gets you hooked you don't need to put that pen away! All attendees can sign up for a 14 day free trial of [WriteWell](#).

[Book your free place here](#)

NEW EVENT I Am Here - Can You Hear Me?

The Voice of the Child

This event is for: **early years professionals e.g. health visitors, midwives, social workers, childcare workers, third sector and voluntary organisations**

1.00-3.00pm

Online via Zoom

Delivered by:

Lorraine Ingram: Specialist Health Visitor at Little Minds Matter: Bradford Infant Mental Health Service

Edwina Lintin: MECSH Implementation Lead at Better Start Bradford

Lisa Ives: 0-19 Clinical Lead, Bradford District Care NHS Foundation Trust

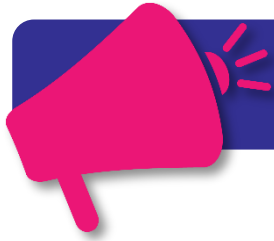
The United Nations Convention of the Rights of the Child (UNCRC) makes it clear that human rights apply to children and young people as much they do to adults. Children and young people don't have as much power as adults. They can't vote, and they don't have as much money, but Article 12 says they still have the human right to have opinions and for these opinions to be heard and taken seriously.

So, what are we doing to make this happen? Partners across the district have invested in the [Child Friendly Cities Initiative](#), a UNICEF-led initiative that supports local governments in realising the rights of children at the local level using the UN Convention on the Rights of the Child as its foundation. But what are we doing day-to-day to improve practice to ensure we recognise and capture children's voices?

Lorraine, Edwina and Lisa will provide an insight into latest developments by exploring and reflecting on the lived experiences of children and how we as professionals tune in to the child's views through what we observe. Every child has a voice, how do we as professionals keep their experiences central to their story?

This session will give attendees a taster of future training planned for the children's workforce across Bradford. It will be an opportunity to think about how we understand what the child is telling us and how we write this in our documentation and formulate action plans for future work. It will also help professionals think about what we are observing in the parent/child relationship during our contacts with families and how we can help parents to hear the voice of their child.

[Book your free place here](#)



Wednesday 17 November 2021

World Prematurity Day

A global movement to raise awareness of premature birth and the sometimes devastating impact it can have on families.

NEW EVENT Starting Solids Workshop (with HENRY)

This event is for: **families with a child aged 0-8 months in the Better Start Bradford area (Bowling and Barkerend, Bradford Moor and Little Horton)**

10.00am-12.00pm

Dixons Marchbank Primary School, Marchbank Road, Bradford, BD3 8QQ

Introducing solid foods is the start of a whole new chapter for you and your baby.

Join the HENRY team at this Starting Solids workshop to help you get your baby off to a great start. The workshop will help you decide:

- When your baby is ready to try solid food
- What foods to start with
- When your baby is hungry and when they've had enough
- How to make mealtimes an enjoyable experience for both of you

[Book your free place here](#)

The Price is Our Rights?

This event is for: **anyone with an interest in health inequalities, particularly with regard to women and children**

10.30am -12.00pm

Online via Zoom – *in conjunction with Baby Week Cheshire and Merseyside*

Dr Ian Sinha is a respiratory paediatric consultant at Alder Hey Children's Hospital and a Professor of Child Health at the University of Liverpool.

He will be exploring a rights-based approach to health equity for women and children.

[Book your free place here](#)

Maternity Support Worker Webinar

Royal College of Midwives (RCM) North

This event is for: **RCM members, maternity support workers, other members of the workforce interested in the topics being raised**

1.00-2.45pm

Online via Zoom

This webinar will look at issues around banding, bereavement and the Ockenden report.

If you are not an RCM member you will need to set up an account on the RCM website to access the webinar.

[Book here](#)

NEW EVENT Blending a Universal and Targeted Approach to Early Years to Achieve 'Levelling Up' (50 Things to Do Before You're Five)

This event is for: **local authorities, health professionals, education advisers, early years professionals, community outreach**

2.00-3.00pm

Online webinar

Find out how your local authority can meet the Government's 'levelling up' agenda by reducing inequalities at the early years development stage.

In this Webinar we will share tips on how to achieve a perfect blend of universal and targeted approaches to support an effective strategy.

[Find out more and book your place here](#)

Systems in Crisis?

This event is for: **anyone interested in learning more about the impact of the pandemic on maternal and neonatal outcomes; anyone with an interest in health inequalities or child poverty**

2.00-3.30pm

Online via Zoom – in conjunction with Baby Week Cheshire and Merseyside

This Northern Powerhouse (Northern Health Science Alliance) collaboration brings the wonderful Professor Kate Pickett and Dr Sophie Wickham together to share the latest research on the impact of COVID-19 on maternal and neonatal outcomes, through the lens of inequalities. Sophie will be drawing on the Child of the North report which is out soon.

Dr Mary Ann Stephenson from the Women's Budget Group will provide an essential briefing on funding and affordability of childcare.

Taken together, each presentation will create a road map, identifying the challenges ahead and most importantly solutions, culminating in a very clear ask to save the future.

[Book your free place here](#)

The Lullaby Project has Arrived

This event is for: **Health professionals, families, commissioners, artists and musicians**

4.00-5.30pm

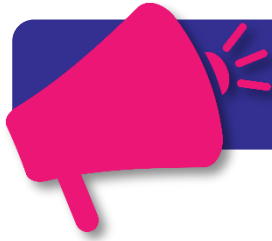
Online via Zoom – *in conjunction with Baby Week Cheshire and Merseyside*

The first National Baby Week in 1917 was an international affair. We are developing a similar approach with contributions from Australia, New Zealand Baby and, in this instance, New York USA.

Baby Week Cheshire and Merseyside invites Baby Week Bradford to explore the role of a creative health agenda in a maternity context, as they welcome back [Carnegie Hall](#) and [Live Music Now](#) to share their [Lullaby Project](#) journey over the last 12 months to transform maternity care with music. This project pairs musicians with mums and babies to support attachment and bonding and address perinatal health. It works - we will share how and why.

Expect the unexpected with a rather special VIP who was set a task last November to write and produce a lullaby. Watch this space. You heard it here first...

[Book your free place here](#)



Thursday 18 November 2021

Use Less Stuff Day

Celebrated every year on the third Thursday of November, Use Less Stuff Day is part of a campaign dedicated to saving the environment. While we are all rushing to get our hands on the newest technological gadgets, we do so without properly disposing of what we already have. Use Less Stuff Day encourages people to take a closer look at such behaviours and determine what we can do to cut back.

Why We Have to Dismantle Maternity Care and Start Again

This event is for: **anyone with an interest in pregnancy and childbirth**

9.30-11.00am

Online via Zoom

[Professor Soo Downe](#) shares her thoughts on what is wrong with the current maternity care system. This webinar will reflect on two of the week's big screen events, In Utero and Birth Time.

This event is a must for anyone interested in pregnancy and childbirth.

[Book your free place here](#)

Thula Mama

This event is for: **mums with pre-crawling babies. Limited to 12 places – please book early**

10.00-11.30am

CHANGE OF VENUE: SHINE, St Stephen's Church Hall (Corner of St Stephen's Road and Newton Street), Bradford, BD5 7BH

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You will sit together in a spacious ventilated room and sing in beautiful harmonies to the babies. While you get the opportunity to do something lovely *for yourself*, your little one gets to listen to their favourite sound: Mama's voice.

This session will be led by Liz Powers, music teacher choral director and mum.

You will need to wear a face covering and bring a baby mat or blanket to lay the baby on during the session.

[Book your free place here](#)

NEW EVENT Better Births Community Engagement Event

This event is for: **women and families**

10.00am -12.30pm

Keighley Central Hall (Main Hall), Alice Street, Keighley, BD21 3JD

Maternity Voices are working with Act as One to share best practice across Bradford District and Craven. Share your birth stories.

Limited places - please e-mail Yasmin@cnet.org.uk or tel [01274 305045](tel:01274305045) to book.

Please note a second event will take place outside of Baby Week on 25 November at Carlisle Business Centre

NEW EVENT Walk, Talk, Discover and Draw

at Cartwright Hall and Lister Park (50 Things to Do Before You're Five)

This event is for: **families with children under five**

9.30-10.15am or 10.45-11.30am

Lister Park, BD9 4NS

This event is part of a series of outdoor sessions exploring museums, galleries and parks across Bradford from 4-25 November 2021. This particular session will focus on Cartwright Hall and Lister Park.

Through these events, 50 Things to Do Before You're Five are helping parents develop home-learning environments so that more children thrive by the age of five, developing the skills, language and resilience needed in school and beyond. Make a booking enquiry via the link below or contact rachael.dennis@stedmundsbradford.org.uk

[Lister Park & Cartwright Hall 'walk, talk, discover and draw' Booking Enquiry form](#)

NEW EVENT Screening of 'Birth Time'

This event is for: **anyone with an interest in pregnancy and childbirth**

6.30-8.00pm

ODEON Luxe Leeds-Bradford Cinema, Gallagher Leisure Park, Thornbury, Bradford, BD3 7AT

Following a sell-out screening earlier this year in Bradford, we're delighted to present another opportunity to view this award-winning documentary, in partnership with Bonita Wood.

What would it take for women to emerge from their births physically well and emotionally safe?

Three women embark on a mission to find out why an increasing number of women are emerging from their births physically and emotionally traumatised.

Their discoveries expose the truth and lead them to join the birth revolution and forge a movement that hopes to change the face of maternity care across the world.

[Watch the trailer here.](#)

To request a free ticket please e-mail hello@betterstartbradford.org.uk confirming your name.

Please note - we have a limited number of free tickets available so please only book if you are certain you can attend. If for any reason you need to cancel, please let us know by e-mailing hello@betterstartbradford.org.uk so we can re-allocate your ticket.



Friday 19 November 2021

NEW EVENT My Baby and Me (Family Action)

This event is for: **For expectant mums and mums with babies under 1 year old, living in the Better Start Bradford area (Bowling and Barkerend, Bradford Moor and Little Horton)**

10.00-11:00am

SHINE, St Stephen's Church Hall (Corner of St Stephen's Road and Newton Street), Bradford, BD5 7BH

Learn how to be your child's best toy and about babies' brain development. Find out how to understand your babies' language and how to have a good bond and attachment with your baby. Receive a FREE GIFT!

To find out more or book your free place, please contact:

Inna Jencu 07469 660444 or Lynne Walker 07469 660441

NEW EVENT Perinatal Support Service Information Workshops (Family Action)

This event is for: For expectant mums, mums with babies under 1 year old and professionals within the Better Start Bradford area (Bowling and Barkerend, Bradford Moor and Little Horton)

10.00-11.00am, 11.30am-12.30pm or 1.30-2.30pm

Kenburgh House, 28 Manor Row, Bradford BD1 4QU

- Come along to find out more about how the Perinatal Support Service can emotionally support mums and their babies.
- Find out how to refer yourself - or your service users – to us, and we especially look forward to hearing how you think we can improve access to the service.
- Learn about our opportunities to volunteer.

Refreshments provided!

To book a free place call 07966 926849 or email perinatal.support@family-action.org.uk stating your name, the time of the workshop you would like to attend and your contact number

Psst...Bradford Babies are Everyone's Business - Pass It On...

This event is for: any parents/carers and professionals interested in learning more about early childhood development and dads' work across the district

Limited places – booking is essential

10.00-11.30am

Kala Sangam, St Peter's House, 1 Forster Square, Bradford, BD1 4TY

Baby Week Bradford is delighted to present a morning of short, thought-provoking presentations to continue the week's theme 'Bradford Babies are EVERYONE'S Business', in particular hearing about some of the dads' work taking place across the district. You will:

- Learn how scientific evidence shows that early life experiences shape the long term physical and mental health of our population and how a baby's brain needs a healthy environment to develop optimally – with Professor Mark Mon Williams (Born in Bradford and University of Leeds)
- Hear about Fathers Reading Every Day and explore how a family-based approach to enriching life experiences in the under 5s improves health, happiness, and attainment – with Christian Bunting (50 Things to Do Before You're Five) and Professor John Wright (Born in Bradford)
- Hear about the important role that fathers have in bonding with their children and how parent-child bonding has evolved over the years – with Zafar Kayani (Better Start Bradford) and Imam Kamran Ali (Jamia Masjid Hanfia)

The session will be introduced and concluded by Better Start Bradford's Head of Programme, Gill Thornton.

Refreshments will be available from 9.30am with an opportunity to network and look around our early years 'marketplace' before and after the event. Prayer facilities will also be available.

[Book your free place here](#) (booking is essential as places are limited due to COVID restrictions)

*Do you provide free support for expectant families, or families with babies and young children in Bradford? If you'd like to enquire about having a marketplace stall at this event, please contact Jo Ward: jo@jowardchangemaker.org.uk

NEW EVENT Lunchtime Family Concert

This event is for: families with babies and young children

Limited places – booking is essential

12:00-12.45pm

Kala Sangam, St Peter's House, 1 Forster Square, Bradford, BD1 4TY

Families are invited to a fantastic [Live Music Now](#) family concert to end Baby Week Bradford 2021 in style.

Escape with soothing music from Rise Trio, with lots of family favourites to sing and move along to and some new songs to learn too.

This interactive session will be led by professional musicians, who will perform engaging music which is accessible by everyone.

Refreshments will be available from 11.30am and you can also look round our special early years 'marketplace' before or after the concert.

This event will be delivered in a COVID-safe way.

[Book your free place here](#) (booking is essential as places are limited due to COVID restrictions)

NEW EVENT Dr Elinor Cleghorn Explores *Unwell Women*

This event is for: anyone interested in women's health and wellbeing

12.00-1.00pm

Online

Cultural Historian Dr Elinor Cleghorn's *Unwell Women* highlights some very uncomfortable truths about medicine which you might be forgiven for thinking come straight out of Margaret Atwood's *The Handmaid's Tale*.

Unwell Women, also raises many difficult questions about medicine which are not just fixed in the past. Her tour of medical history takes us from ancient times to the present day with layer upon layer of myth making which continues to harm women's health and wellbeing.

How was it so many women were lobotomised in the 1940s? “In an era when a mentally healthy woman was a serene wife and mother, almost any behaviour or emotion that disrupted domestic harmony could be interpreted as justification for a lobotomy.”

Or how is it in 21st century, in spite of medical advancements, women are twice as likely to die from a heart attack than men?

Her conclusion is a passionate call to arms: by speaking out and sharing our stories, women can empower one another to challenge the stigma that has historically attached to female experience.

“To be an unwell woman today is to fight against ingrained injustices against women’s bodies, minds and lives; but we no longer have to live in silence and shame,”

[Book your free place here](#)

NEW EVENT Vocal Workout for Wellbeing - with Craig Anthony Lees
Followed by a Performance from The Leeds Conservatoire Contemporary Pop Choir!
This event is for: anyone who would like to end the week with a feel-good glow
Limited places – booking is essential

2.00-3.00pm

Kala Sangam, St Peter’s House, 1 Forster Square, Bradford, BD1 4TY

Join [Craig Anthony Lees](#) for a fun and energetic singing workshop to get your heart racing, your bodies moving and vocal cords vibrating!

Craig is a renowned vocal coach, choral director and arranger, and the musical director behind Leeds Contemporary Singers - a nine-piece vocal harmony group that rose to fame as the winners of BBC One's Pitch Battle show. This workshop is suitable for total beginners and enthusiasts alike.

It’s official by the way - singing is good for you. It can improve your health, confidence and self-esteem, and can help children’s brains develop. (*Source: [British Voice Association](#)).*

The workshop will be followed by a performance from the [Leeds Conservatoire Contemporary Pop Choir](#): a 40-strong, high-octane vocal ensemble, who will showcase unique, original and dynamic arrangements from the rock and pop repertoire.

What a way to end Baby Week Bradford 2021!

This event will be delivered in a COVID-safe way.


[Book your free place here](#) (booking is essential as places are limited due to COVID restrictions)



Other Family Events and Activities During Baby Week Bradford 2021

15-19 November 2021 is World Nursery Rhyme Week!

Launched in 2013, [World Nursery Rhyme Week](#) promotes the importance of nursery rhymes in early childhood development and education.

 [Bradford Libraries](#) and [Better Start Imagine](#) will be hosting their regular story and rhyme time events during the week at libraries and other venues across Bradford, showing how sharing books and rhymes together really makes a difference to a child's learning and development and is lots of fun too!

Monday 15 November 2021

- Eccleshill Library Story & Rhymetime, 2.00pm. Aimed at 0-5 year olds. To book please contact 01274 431544. Bolton Road, BD2 4SR
- Wibsey Library Rhyme Time, 2.30pm. Aimed at 0-5 year olds. To book please contact 01274 435446. North Road, Wibsey, BD6 1TR

Tuesday 16 November 2021

- Laisterdyke Library Story & Rhyme Time, 9.30am and 10.30am. Aimed at 0-3 year olds. Booking is essential – contact 01274 730415 / 07519 414464. Manse Street, Laisterdyke, BD3 8RP.
- Burley Library Rhymes, Stories & Crafts, 9.30am. Aimed at 0-5 year olds. To book please contact 01943 863714. Grange Road, Burley, LS29 7HD
- **ONLINE** Rhymetime Fun with Michelle and Harry – this special, fun-packed session will be uploaded to the [Bradford Libraries webpage at 10.00am](#).
- Wyke Library Rhymetime, 2.00pm. Aimed at 0-5 year olds. To book please contact 01274 431598. Appleton Academy, Woodside Road, BD12 8AL

Wednesday 17 November 2021


- City Library Rhymetime, 10.00am. Aimed at 0-5 year olds. To book please contact 01274 433600. City Park, Bradford, BD1

Thursday 18 November 2021

- St Stephen's Church Story and Rhyme Time, 1.00pm. Aimed at 0-3 year olds. Booking is essential – contact 01274 730415 / 07519 414464. SHINE, St Stephen's Church Hall (Corner of St Stephen's Road and Newton Street), Bradford, BD5 7BH
- Addingham Library Rhyme Time, 2.15pm. Aimed at 0-5 year olds. To book please contact 01943 830061. 108 Main Street, Addingham, Ilkley, LS29 0NS
- Bingley Library Rhyme & Crafts, 2.15pm. Aimed at 0-5 year olds. To book please contact 01274 438780. 5 Rise Shopping Centre, DB16 1AW

Friday 19 November 2021

- Manningham Library Rhymetime, 1.30pm. Aimed at 0-5 year olds. To book please contact 01274 435353. Carlisle Road, Manningham, BD8 8BB

 [Cliffe Castle Museum and Park](#) presents [Rhyme or Reason](#), an exhibition for young and old alike. Nursery rhymes are brought to life, and you can find out about the history and possible origins of some of the rhymes - many of which appear innocent on the surface, but may have deeper, darker meanings... [Find out more about visiting the exhibition here](#)

YOU CAN ALSO **Join the conversation with Parents 1st**

This year, during Baby Week Bradford, [Parents 1st UK](#) invites parents, volunteers and healthcare practitioners to share their experiences of how peer support during pregnancy, birth and beyond has helped. They want to shine a light on the great work going on in and around Bradford and Leeds and help other parents to be inspired to seek and offer support.

We all know that quality peer support makes a unique and hugely valuable contribution to [supporting parent-infant relationships](#). It empowers and nurtures the confidence of parents to develop their resilience, knowledge and skills to give their babies the best possible start. It can also be an enriching and often life changing experience for volunteer peer supporters.

If peer support has helped you, or someone you know, please [join the conversation](#) and share the difference it's made. We want more parents to benefit from the support it can provide.

[Join the conversation here](#)

About Baby Week Bradford

Building on the success of Baby Week Leeds, [Baby Week Bradford](#) was established in 2018 by [Better Start Bradford](#) and runs district-wide every November.

Aimed at both family and workforce audiences, it shines a spotlight on the importance of early childhood development by showcasing the numerous local organisations providing maternity and early years services, as well as bringing in guests from further afield to highlight emerging practice and research. Past events have ranged from baby raves, weaning events and story times to documentary screenings, training sessions, conferences and webinars.

Hundreds of people have attended events and engaged with the conversation online, and even during the challenges of the pandemic a week of virtual events went ahead in 2020.

 [Click here for a round-up of Baby Week Bradford 2020, including event recordings and resource links / downloads](#)

While Baby Week Bradford is spearheaded by [Better Start Bradford](#), it's the magic of collaboration between many different partner organisations and individuals across the district that brings it to life and makes it what it is. A **big thank you** to all those who have been involved in the past and in this year's events.

Stay in the Loop

Keep in touch with further all things Baby Week Bradford at www.babyweekbradford.org and get involved in the conversation on: [Facebook](#), [Twitter](#) and [Instagram](#), using the hashtag [#BabyWeekBradford](#)

If you have any questions about Baby Week Bradford 2021, please contact Kerry Bennett at: kerry.bennett@betterstartbradford.org.uk

