

### Does the family live in the Better Start Bradford area? (Bowling and Barkerend, Bradford Moor or Little Horton)

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Is the family expecting a baby?

Does the family have children aged 0-3 years?

Would the family benefit from...

Would the family benefit from support around social, emotional and behavioural concerns?

Would the family benefit from support with feeding or healthy eating?

Would the family benefit from children's language and communication support?

- A six-week antenatal programme?** YES Consider a referral to **HAPPY** (between 22 and 32 weeks pregnant)
- A parenting preparation group course?** YES Consider a referral to **Welcome to the World** (around 20 to 30 weeks pregnant)
- Peer support and birth companions** six weeks before birth and six weeks after birth? YES Consider a referral to **\*Bradford Doulas** (at 28 weeks pregnant)
- Targeted pregnancy support and transitioning into parenthood?** YES Consider a referral to **Baby Steps** (around 26 weeks pregnant)
- An English language course to improve confidence?** YES Consider a referral to **ESOL for Pregnancy** (any stage of pregnancy)
- Peer support with maternal mental health?** YES Consider a referral to **Perinatal Support Service** (any stage of pregnancy and up to one year after birth)
- Support with attachment or parent-infant relationships?** YES Consider a referral to **\*Little Minds Matter** (Infants - conception to 24 months. Adults - during pregnancy)

- A group course to support positive behaviour?** YES Consider a referral to **\*HENRY** (0-3 year olds)
- Peer support in the home?** YES Consider a referral to **Home-Start Better Start** (0-3 year olds and during pregnancy)
- A group course for supporting toddlers' emotions?** YES Consider a referral to **Incredible Years** (1-3 year olds)
- Support in the home with behaviour linked to understanding?** YES Consider a referral to **Talking Together** (2 year olds)
- Peer support with maternal mental health?** YES Consider a referral to **Perinatal Support Service** (up to one year after birth)
- Support with attachment or parent-infant relationships?** YES Consider a referral to **\*Little Minds Matter** (Infants - conception to 24 months. Adults - during pregnancy)
- Outdoor play sessions?** YES Consider a referral to the **Forest School Play Project** (0-3 year olds)

- Support with breastfeeding or mixed breast / bottle feeding?** YES Consider a referral to **Breastfeeding Support Project** (0-6 months old)
- A practical group cooking course?** YES Consider a referral to **Cooking for a Better Start** (0-3 year olds)
- Support to develop a healthier family lifestyle?** YES Consider a referral to **\*HENRY** (0-3 year olds)

- Free books and / or story and rhyme time sessions?** YES Consider a referral to **Better Start Imagine** (0-4 year olds)
- Support regarding their child's communication and language development?** YES Consider a referral to **Talking Together** (2 year olds)

\*Bradford Doulas, Little Minds Matter and HENRY have additional funding to work in a wider area. If you're think that a family would benefit from these and they live in B1-9, call the project to check if a referral is possible.

### Referral Contact Details

<b>Baby Steps (Action for Children)</b> 07734 496669/ babysteps.bradford@actionforchildren.org.uk <b>Better Start Imagine (BHT Early Education and Training)</b> 01274 730415 / admin@bhtearlyed.org.uk <b>Bradford Doulas (Bradford Doulas)</b> 01274 223232 / info@bradforddoulas.org.uk <b>Breastfeeding Support Project (Health For All, Leeds)</b> 01274 287968 / 07903 174429 / breastfeedingadmin@healthforall.org.uk <b>Cooking for a Better Start (HENRY)</b> 07709 640454 / henrybsb@henry.org.uk	<b>ESOL for Pregnancy (ShIPLEY College)</b> ederbyshire@shiple.ac.uk <b>Forest School Play Project (Get Out More)</b> 01535 668588 / info@getoutmorecic.co.uk <b>HAPPY (Barnardos with Born in Bradford and Family Links)</b> 01274 513300 / happybsb@barnardos.org.uk <b>HENRY (HENRY)</b> 07709 640454 / henrybsb@henry.org.uk <b>Home-Start Better Start (Home-Start Bradford District)</b> 01274 666711 / hsbdb@homestartbradford.co.uk <b>Perinatal Support Service (Family Action)</b> 01274 505034 / perinatalsupport@family-action.org.uk	<b>Little Minds Matter (Bradford District Care NHS Foundation Trust with Family Action)</b> 01274 251298 / littlemindsmatter@bdct.nhs.uk <b>Incredible Years (Barnardos)</b> 01274 513300 / pam.oneill@barnardos.org.uk <b>Talking Together (BHT Early Education and Training)</b> 01274 470142 or 730415 / admin@bhtearlyed.org.uk <b>Welcome to the World (Bradford Council with Family Links)</b> 01274 437523 / familyhubeast@bradford.gov.uk
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