



Baby
WEEK
BRADFORD

9 - 13 November 2020
**Why Wellbeing
Matters**

**PROGRAMME
OF EVENTS & ACTIVITIES**

www.babyweekbradford.org

Edition Two: 3 November 2020

Welcome to Baby Week Bradford 2020!

We're delighted to present such a packed programme for this year's Baby Week Bradford. A **BIG** thank you to all the organisations across the district who are putting on events or getting involved in other ways before and during the week, especially at this time when things are so challenging for everyone.

Please note: this is edition two of the programme. Some new events have been added, a number have been cancelled due to the national lockdown announced on Saturday 31 October 2020, and some events are now fully booked.

Why Wellbeing Matters

As the pandemic continues, it feels more important than ever to focus on the youngest members of our community and all those taking care of them. With this in mind, we chose the theme **Why Wellbeing Matters** as a focus for this year's Baby Week Bradford.

Wellbeing (noun)

"The state of being comfortable, healthy or happy"

We know this has been a tough year, with many families and individuals struggling with financial, health and isolation concerns. By supporting the wellbeing of babies, children and their caregivers through this time we can help develop strong supportive communities.

Many of the family events and activities during Baby Week Bradford are opportunities to pick up hints, tips and inspiration to take back into everyday family life, helping build an environment that has wellbeing at its heart.

The Events

All events are now taking place online. Most require pre-booking so we advise that you book early to avoid disappointment.

On the last page of this programme we've listed some other ways you can get involved in the week.

All information correct at the time of publishing. Please check with individual event organisers if you have any queries about specific events.

Events at a Glance

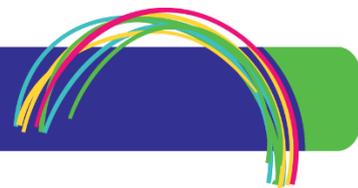
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Monday 9 November 2020



The Big (Virtual) Baby Rave!

Let's get the party started...

For: Families with children aged 0-2 years (and anyone else who would like to start Baby Week Bradford 2020 with a bit of a boogie...)

10.15-10.45am

Online event via YouTube and the Better Start Bradford website

Join [Better Start Bradford](#) and [BoomChikkaBoom](#) for fun, colourful and musical activities to get little hands, feet and brains moving. Boogie with your baby and enjoy the ultimate sensory experience in your own home.

Watch our how-to videos in the run-up to Baby Week Bradford and make your own no-cost/low-cost shakers and streamers to get you and your baby ready to rave!

No booking required: The event recording will premiere at 10.15am on the Better Start Bradford YouTube channel. [Please subscribe here \(and don't forget to allow notifications\).](#)

It will also be available to watch anytime from 10.15am at:

<https://www.betterstartbradford.org.uk/the-big-virtual-baby-rave/>

Event run by: [Better Start Bradford](#)

Event contact: Humera Khan, humera.khan@betterstartbradford.org.uk

Building a Happy Baby: Q&A with a Midwife

For: Pregnant women, partners / birth partners and family members

11.00am-12.00pm

Online event via Microsoft Teams – booking essential

Join midwife Caroline Lamb for a relaxed online session to help expectant families prepare for their new arrival, in particular to explore what makes a happy baby, including:

- Brain development
- Responding to baby
- The infant-parent relationship
- Bonding with your baby
- Skin-to-skin contact

There will be opportunities to discuss these topics and ask questions.

To book: Please e-mail parenteducation.bri@nhs.net to request a place

Event run by: [Bradford Teaching Hospitals NHS Foundation Trust](#) (Maternity Services – Parent Education Department)

Event contact: Caroline Lamb, 01274 364583, caroline.lamb@bthft.nhs.uk

CANCELLED Get Started with Better Start Bradford

Pop-Up Stall

11.00am-1.00pm

FULLY BOOKED Starting Solids Virtual Workshop

For: Parents of babies aged 0-8 months across the Bradford district

1.00-2.00pm

Online event via Zoom – booking essential

Have you just started introducing your baby to solid foods or are you about to?

Starting solids is a whole new chapter for you and your baby and it can feel a bit daunting, but HENRY can help. This free virtual workshop covers how to spot signs that your baby is ready to try solid food, how to know when your baby is hungry and when they've had enough, foods to start with and lots of ideas to make mealtimes an enjoyable experience for both you and your baby.

To book: While this date is now fully booked, other dates are available after Baby Week Bradford. Please complete the online form at: <https://forms.gle/NpyqaWLERkNsgUqh9>, e-mail henrybsb@henry.org.uk or call/text 07709 640454

Event run by: [HENRY](#)

Event contact: Nicola Charnock, 07709 640454, henrybsb@henry.org.uk

Birth Story Café

For: Women and families across the Bradford district and Craven

2.00-3.00pm

Online event via Zoom – booking essential

Come along to the annual space where women will be sharing their birthing stories, their pregnancy experiences, their choices around labour and how they were supported through this journey.

To book: To register your place - or if you are interested in sharing your birthing experience - please email laila@cnet.org.uk or call on 07957 648984

Event run by: [Bradford District and Craven Maternity Voices Partnership / CNet](#)

Event contact: Yazmin Shah, 01274 305045 yazmin@cnet.org.uk

Laila Ahmed, 01274 305045, laila@cnet.org.uk

NEW What Have I done? In Conversation with Laura Dockrill

For: Parents, early years and health care professionals and anyone with an interest in postnatal mental health

6.30pm

Online event via the Bradford Literature Festival website

Award-winning author and illustrator, Laura Dockrill, had an idyllic pregnancy and couldn't wait to meet her new baby. But as she went into labour and things started to go wrong, Laura began to struggle. A traumatic birth, anxiety about the baby, sleep deprivation and a slow recovery began to pile up until Laura felt overwhelmed.

As many as 8 out of 10 mums struggle in the weeks after birth; in Laura's case these feelings escalated scarily quickly into postpartum psychosis – a medical emergency which affects around 1 or 2 in 1000 women.

In her honest, raw book, Laura shares the devastating reality of her experience – but also shares a message of hope. Not only has Laura slowly recovered – she's come out of the other side stronger, and more assured about parenting on her own terms. Now she's determined to break the silence around postnatal mental health, and with her story tell ALL new parents - you are not alone.

No booking required: The event recording will premiere at 6.30pm at: <https://www.bradfordlitfest.co.uk/event/i-done-conversation-laura-dockrill/> after which it will be available to watch on-demand

Event run by: [Bradford Literature Festival](#) in partnership with [Better Start Bradford](#)

Event contact: 01274 044138 / info@bradfordliteraturefestival.co.uk

Welcome to the World:

What I can do to look after my and my baby's wellbeing after birth

For: Families with babies up to 6 months

This pre-recorded video teases out top tips on well-being and self-care following birth from the well-known antenatal programme Welcome to the World. [More information on free antenatal education.](#)

No booking required: The video will be available from 9 November 2020 on the [Bradford West Family Hub Facebook page](#)

Event run by: Prevention and Early Help, Bradford Council

Event contact: Natalie Gott, Natalie.Gott@bradford.gov.uk

Tuesday 10 November 2020



Bradford Libraries: Burley's Babies

With Maddie from Story Bees

For: Families with babies and children under 5

9.30-10.00am

Online event via Zoom – booking essential (numbers limited to 100)

Maddie from [Story Bees](#) presents her acclaimed rhymes, stories and crafts on Zoom for all babies and children under 5. She will use quality children's books as a stimulus for imaginative, creative and sensory play, along with rhythm and rhyme, to help children to learn to talk and love making noise.

This interactive session creates an all-round sense of well-being as well as being great fun for everyone!

To book: Please contact Burley Library, 01943 863714, burleylibrary@gmail.com

Event run by: [Bradford Libraries – Burley Library](#)

Pre-movers Stretch with Stories

With Diddly Oms

For: Families with pre-movers

10.00-10.30am

Online event via Zoom – booking essential

Enjoy a story interwoven with yoga postures, stretches and music to introduce your little one to the amazing world of yoga.

Aimed perfectly for baby and parent/carer to enjoy those special moments together. *This date is the first of a 6-week programme.*

To book: Please e-mail susan.brewster-craig@bradford.gov.uk

Event run by: [Bradford Libraries](#)

Event contact: Susan Brewster-Craig, 01274 433684, susan.brewster-craig@bradford.gov.uk

Storytelling Session

For: Families with children aged 0-4 years

10.00-11.00am

Online event via Zoom – booking essential

Sharing stories and singing with your children has amazing benefits for their language development as they are introduced to new words in a fun and interactive way.

Join Leanne who will read *Dear Zoo* and *We're Going on a Bear Hunt* then get you all joining in with some well-known songs and rhymes. A fun storytelling session for the whole family to enjoy.

To book: Please contact Leanne at LeanneSouster@bhtearlyed.org.uk / 01274 730415

Event run by: [BHT Early Education and Training](#)

Event contact: Leanne Souster, 01274 730415, LeanneSouster@bhtearlyed.org.uk

Bradford Libraries Rhymetime Fun

With Sue BC

For: Families with children under 5

10.00-11.00am

Online event

Come and join Sue BC for this special online rhymetime! Enjoy all the old favourites and some new songs too.

Babies love singing and rhymes are an excellent way to develop language and communication, plus they're great for bonding too. Bring along an instrument and a small piece of soft fabric for peekaboo.

The session will be available at www.bradford.gov.uk/libraries/children-and-young-people/online-story-and-rhyme-time at 10.00am.

Event run by: [Bradford Libraries](#)

Event contact: Susan Brewster-Craig, 01274 433684, susan.brewster-craig@bradford.gov.uk

Better Place Flashcard Training

For: Early years practitioners

10.00am-12.00pm

Online event via Zoom – booking essential

The [Better Place](#) project has created activity flashcards for early years settings, with six outdoor activities for each season for children under four, enabling early years settings to plan outdoor sessions all year round.

Each card also features two outdoor activity ideas for families to try at home, all of which are free or very low cost. In total, settings will have access to 24 planned outdoor activities to use themselves and 48 activities for young children to enjoy at home in their garden, local park or greenspace.

This training session will launch the Better Place flashcards and demonstrate how they can be used, encouraging practitioners to use them within their settings. Attendees will receive a PDF of the cards.

To book: Please e-mail Haleema.khathoon@groundwork.org.uk

Event run by: [Groundwork](#)

Event contact: Haleema Khathoon, 07522 235700, haleema.khathoon@groundwork.org.uk

CANCELLED Get Started with Better Start Bradford

Pop-Up Stall

11.00am-1.00pm

First Friends Zoom

For: Families with children under 1

1.00-1.45pm

Online event via Zoom – booking essential

Join BD4 Family's Jenny for a fun, interactive session of sensory activities, with baby signing, singing, and an introduction to baby massage.

To book: Please contact Jenny on 07526 136480 / jenny@bd4communitytrust.org.uk

Event run by: [BD4 Family](#)

Event contact: Jenny Hunt, 07526 136480, jenny@bd4communitytrust.org.uk

Baby Steps Taster Session

For: Professionals and expectant parents

1.00-2.00pm

Online event via Microsoft Teams – booking essential

Baby Steps is an antenatal and postnatal parenting programme which offers parents evidence-based information about infant–parent relationships and the transition into parenthood. In sessions delivered by a practising midwife and a family support worker. parents gain knowledge about the medical and social aspects of parenting.

Join the Baby Steps team in Bradford for an interactive online taster session exploring two Baby Steps activities focusing on conflict resolution and effective communication.

To book: Please contact / babysteps.bradford@actionforchildren.org.uk

Event run by: [Action for Children](#)

Event contact: Kavita Hussain, 07811 452336, Ch@actionforchildren.org.uk

Ready to Relate

For: Early years practitioners, children's social care, midwifery, paediatric nursing, neonatal, any practitioner working with families with babies and young children

2.00-4.00pm

Online event via Microsoft Teams – booking essential

Participate on a journey into the [Ready to Relate cards](#): a special resource for any practitioner working with families to assist conversation about the parent-infant relationship and babies' emotional and social development.

You do **not** need to have the Ready to Relate cards to participate. There will be short film clips which illustrate the amazing understanding we have so far of babies' innate need to relate and form relationships, and some feedback from parents also.

To book: Please e-mail jane.dickens@bdct.nhs.uk

Event run by: [Bradford District Care NHS Foundation Trust](#) (BDCFT)

Event contact: Jane Dickens, 07860 916747, jane.dickens@bdct.nhs.uk

FULLY BOOKED - Virtual Antenatal Class: Giving Birth

For: Expectant families across the Bradford district

6.00-7.00pm

Please visit: <https://www.betterstartbradford.org.uk/virtual-antenatal-classes/> for more dates up to January 2021.

Wednesday 11 November 2020



Little Minds Matter Open Day:

Lessons Learned from our First 1001 Critical Days

For: Early years practitioners, healthcare professionals, anyone working with families with babies and young children

9.30-10.55am

Online event via Zoom – booking essential

[Little Minds Matter \(Bradford Infant Mental Health service\)](#) works in community health clinics, children's centres and people's homes and works closely with health visitors, midwives, GPs, Better Start Bradford projects and other professionals.

This event is a virtual 'open day' to hear an update on the service's recent expansion and reflections on what they have learned during their first 1001 critical days.

Gill Thornton, Head of Programme at [Better Start Bradford](#), will give an overview of the history of Little Minds Matter, and Sasha Bhat, Head of Commissioning at [NHS Bradford District and Craven Clinical Commissioning Group](#), will share her views on the role our service plays in reducing inequalities in the city.

To book: Please book at <https://bit.ly/31A5uIF>

Event run by: Little Minds Matter, [Bradford District Care NHS Foundation Trust](#) (BDCFT)

Event contact: Dr Clare Randall, 07885 988601, clare.randall@bdct.nhs.uk

FULLY BOOKED Starting Solids Virtual Workshop

For: Parents of babies aged 0-8 months across the Bradford district

10.00-11.00am

Online event via Zoom – booking essential

Have you just started introducing your baby to solid foods or are you about to?

Starting solids is a whole new chapter for you and your baby and it can feel a bit daunting, but HENRY can help. This free virtual workshop covers how to spot signs that your baby is ready to try solid food, how to know when your baby is hungry and when they've had enough, foods to start with and lots of ideas to make mealtimes an enjoyable experience for both you and your baby.

To book: While this date is now fully booked, other dates are available after Baby Week Bradford. Please complete the online form at: <https://forms.gle/NpyqaWLERkNsgUqh9>, e-mail henrybsb@henry.org.uk or call/text 07709 640454

Event run by: [HENRY](#)

Event contact: Nicola Charnock, 07709 640454, henrybsb@henry.org.uk

Date with a Doula:

Why Health and Wellbeing Matters to Doulas and the Women they Support

For: Women - pre and post pregnancy, healthcare professionals across the Bradford district

11.00am-12.30pm

Online event via Zoom – booking essential

Some say 'doulas are a match made in heaven'. Come along and find out why, and what the benefits are for the both the doulas themselves and the women they are matched with.

Four doulas will give a short presentation on why wellbeing matters to them and the women they support.

Opportunities to ask questions and to meet the team behind Bradford Doulas.

☺ Bring a cuppa!

To book: Please email bradford.douglas@carlislebusinesscentre.co.uk

Event run by: [Bradford Doulas](#)

Event contact: Aliya Fazil, 01274 223232, bradford.douglas@carlislebusinesscentre.co.uk

CANCELLED Baby's Day Out Screening: The Princess Bride

For: Families with children aged under 1

11.00am-1.00pm

Following the national lockdown announcement on Saturday 31 October, this event has been cancelled. If you've already purchased tickets, the museum will be in touch with you.

Event run by: [National Science and Media Museum](#)

Event contact: 0800 0478124, talk.nsmm@scienceandmediamuseum.org.uk

CANCELLED Canter-Baby

11.20 - 11.50am AND 12.35pm - 1.05pm

NOW ONLINE Baby Bonanza

For: Families who attend Karmand Centre Nursery who are aged between 2 and 4 years. These families are also welcome to involve their babies.

11.00am-12.45pm

Online event via Zoom – booking essential

Families who attend the Karmand Centre Nursery are invited to join this a fun, sensory, musical session facilitated via Zoom by a professional family musician.

An interactive session that will stimulate the children's creativity and promote language development. Great event for family bonding.

To book: Contact Fozia at fozia@karmand.org.uk

Sing and Sign - Stage 1 Taster Session

For: Families with babies aged 6 to 14 months who are interested in baby signing

1.00-1.30pm

Online event via Zoom – booking essential

An introduction to baby signing where families can learn basic signs through music and nursery rhymes.

A fun and engaging session. No equipment required.

To book: Please book at www.singandsign.co.uk/classes/classes-near-you/bradford-&-halifax/booknow/309

Event run by: [Sing and Sign Bradford and Halifax](#)

Event contact: Gemma Brown, 07738 059 610, gemmabrown@singandsign.co.uk

Sing and Sign Babes Taster Session

For: Families with babies aged up to 6 months who are interested in baby signing

1.30-2.00pm

Online event via Zoom – booking essential

An introduction to baby signing where families can learn basic signs through music and nursery rhymes.

This is a gentle and engaging session. No equipment required.

To book: Please book at www.singandsign.co.uk/classes/classes-near-you/bradford-&-halifax/booknow/309

Event run by: [Sing and Sign Bradford and Halifax](#)

Event contact: Gemma Brown, 07738 059 610, gemmabrown@singandsign.co.uk

Baby Massage

For: Families with babies aged up to 6 months or until they start crawling

1.30-2.30pm

Online event via Zoom – booking essential

Baby Massage is a great way for you to bond with your baby and develop a relationship through touch. It can soothe your baby and help them to sleep better at night. It has many other benefits, including aiding digestion and improving circulation, alongside easing colic and teething pain.

The session will be run over Zoom where you will be able to communicate with the baby massage lead and have an opportunity to meet other families too.

To book: Please contact Diana at dianajoseph@bhtearlyed.org.uk / 01274 730415

Event run by: [BHT Early Education and Training](#)

Event contact: Chloe Storr, 01274 730415, chloestorr@bhtearlyed.org.uk

NEW Why It's Great to be A Baby!

For: Early years professionals, families

2.00-3.00pm

Online event via Zoom – booking essential

Join developmental psychologist, director of [Goldsmith's InfantLab](#), and author of *The Laughing Baby*, [Caspar Addyman](#), for this illuminating and uplifting event.

Exploring the first two years of an infant's life, this event won't focus on the commonly-discussed moments of stress and confusion for adults and babies, and how these impact on early years cognitive and emotional development. Instead Caspar wants to tell you why it can be GREAT to be a baby! Together you'll explore how parents and practitioners can use their in-built instincts - not only to provide personal care and sustenance, but to tickle and play peekaboo - that have been honed over millennia, to help seed the beginnings of art, science, music and happiness in our children, and create a bond that parents and infants share as they navigate the challenges of childhood.

Attendees will leave the session with a better understanding of the rigorous scientific research which shows how laughter impacts on infant cognitive development, and an appreciation of why babies' laughter is the key to understanding our adult selves.

To book: <https://www.bradfordlitfest.co.uk/event/why-its-great-to-be-a-baby/>

Event run by: [Bradford Literature Festival](#) in partnership with [Better Start Bradford](#)

Event contact: 01274 044138 / info@bradfordliteraturefestival.co.uk

NEW To Have or Not To Have

For: Women who for whatever reason do not have children

2.00-3.00pm

Online event via Zoom – booking essential

To have or not to have? That is the question.

Babies are amazing however, not all women are able to, or choose to have children.

In light of this, we are hosting a free, live interactive online session to discuss. We are offering a safe space to raise feelings and emotions attached.

Register in advance for this meeting:

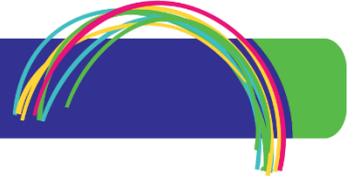
To book: Please go to

<https://zoom.us/meeting/register/tJAvdeiuqDooGdPJmx5GrBA9aYOMxluzpRrs>

Event run by: [Sharing Voices Bradford](#)

Event contact: Masira Hans, 07522 922698, masira.hans@sharingvoices.org.uk

Thursday 12 November 2020



Makaton Signing for Babies

Taster Session

For: Families with babies aged up to 2 years

10.00-11.00am

Online event via Zoom – booking essential

Makaton signing for babies is designed to encourage and support the development of communication and language skills in babies and toddlers.

Join BHT's Makaton regional tutor for this fun and interactive session where you can learn some basic signs and join in with some songs with signs.

To book: Please contact Lisa at Lisayung@bhtearlyed.org.uk / 01274 730415

Event run by: [BHT Early Education and Training](#)

Event contact: Chloe Storr, 01274 730415, chloestorr@bhtearlyed.org.uk

“My Baby and Me” Group Workshop

For: Parents with babies under the age of 1

10.00-11.00am

Online event via Zoom – booking essential

A fun, interactive online workshop for parents and their babies based on the practices and principles of [Theraplay](#).

Understand how to connect with your baby through simple games that will make you laugh, encourage you to make eye contact, share playful interaction and practice nurturing touch.

To book: Please contact Waheeda Ghafoor at waheeda.ghafoor@family-action.org.uk or call/text on 07966 530513

Event run by: [Family Action \(Perinatal Support Service\)](#)

Event contact: Waheeda Ghafoor, 07966 530513, waheeda.ghafoor@family-action.org.uk

Childhood Transition Tips for Grandparents

For: Grandparents involved in caring for their grandchildren, aged 0-3 years, who live in the Better Start Bradford area (Bowling and Barkerend, Bradford Moor and Little Horton)

11.00am-12.00pm

Online event via Zoom – booking essential

Join other grandparents for a conversation with ChildsSide through this interactive webinar on Childhood Transition Tips for Grandparents and why wellbeing matters, featuring shared family stories.

Let's talk about what works and what doesn't – how to get from A to B without tears and tantrums.

To book: Please book at <https://www.eventbrite.co.uk/e/childhood-transition-tips-for-grandparents-tickets-124265913693>

Event run by: [ChildsSide CIC](#)

Event contact: Judith Shalkowski, 07759 470199, judith@childsside.com

Baby Tennis

For: Health and care practitioners, particularly health visitors and nursery nurses

11.30am-1.00pm

Online event via Zoom – booking essential

This 'lunch-and-learn' event will share the idea of 'serve and return' to upskill practitioners.

It will include video content and an overview of relevant 'Ready to Relate' cards that could help practitioners put this knowledge into practice with families.

To book: Please visit <https://bit.ly/2D77Zc9>

Event run by: Little Minds Matter, [Bradford District Care NHS Foundation Trust](#) (BDCFT)

Event contact: Dr Clare Randall, 07885 988601, clare.randall@bdct.nhs.uk

How Can Understanding Foetal Alcohol Spectrum Disorders (FASDs) Help Give Babies the Best Start in Life?

For: Any health/social care professionals or students (e.g. health visitors; midwives; alcohol and drugs workers; social workers); parents-to-be

1.00-3.00pm

Online event via Zoom – booking essential

An interactive online session outlining Foetal Alcohol Spectrum Disorders (FASDs).

The session will examine causes and steps to reduce risks and explore the impacts of FASDs on the child and others, and will also explore some implications for parenting.

To book: Please book at www.eventbrite.co.uk/e/understanding-foetal-alcohol-spectrum-disorders-for-the-best-start-in-life-tickets-118299861069

Event run by: [Project 6](#) - Drug & Alcohol Services (Keighley)/[Project 6 - Waypoint Training](#) (Sheffield)

Event contacts: Tilly Rathmell, 07717 287011, tilly.rathmell@project6.org.uk
David Bell, 0114 2506962, david@waypoint-training.org.uk

FULLY BOOKED - Virtual Antenatal Class: Feeding and Sleep

For: Expectant families across the Bradford district

6.00-7.00pm

Online event via Zoom – booking essential

Please visit: <https://www.betterstartbradford.org.uk/virtual-antenatal-classes/> for more dates up to January 2021.

Friday 13 November 2020



NEW Exploring Inequalities in Maternal Health Care

For: *Early years and health care professionals and anyone else with an interest in health inequalities*

10.00-11.30am

Online Event via Zoom – booking essential

Black women in the UK are five times more likely to die in pregnancy and in the six weeks after birth than white women. South Asian women are twice as likely.

We invite you to join us to reflect on this deeply-troubling inequality so we can take action in our communities and workplaces, with keynote speakers:

- **Agnes Agyepong**, Engagement Lead at [Best Beginnings](#)
- **Dr. Ghazala Mir**, Associate Professor with research interests in health and social inequalities, [University of Leeds](#)
- **Clotilde Rebecca Abe**, Co-founder of the [#fivexmore](#) campaign

Keynote addresses will be followed with a live Q&A panel to reflect on the challenges and explore solutions and a way forward.

To book: Please go to <https://bit.ly/3oArxIU>

Event run by: [Better Start Bradford](#)

Event contact: Zakra Yasin, 07395 831503, zakra.yasin@betterstartbradford.org.uk

CANCELLED Wonderlab Little Explorers Session

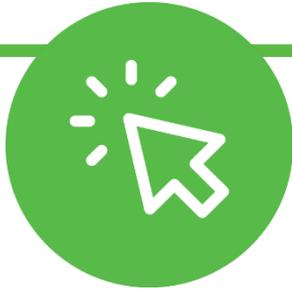
10.00am-12.00pm

Following the national lockdown announcement on Saturday 31 October, this event has been cancelled. If you've already purchased tickets, the museum will be in touch with you.

Event run by: [National Science and Media Museum](#)

Event contact: 0800 0478124, talk.nsmm@scienceandmediamuseum.org.uk

Other Ways to Get Involved



Learn more about the wonderful world of babies

We'll be gathering together the best resources available for both families/caregivers and professionals at:

www.babyweekbradford.org



Join the conversation

Tell us what you're up to, share your reflections, and see what others are saying:

 [@betterstartbradford](https://www.facebook.com/betterstartbradford)

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 [@betterstartbradford](https://www.instagram.com/betterstartbradford)

[#BabyWeekBradford.org](https://www.babyweekbradford.org)

If you have any questions about Baby Week Bradford, please contact Zakra Yasin on:

07395 831503 / 01274 723146

zakra.yasin@betterstartbradford.org.uk

If you have queries about specific events, please contact the relevant event organiser.